

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Nicola Helwick

Has successfully participated & completed the

13km Adventure Included: Modderfontein Trail Run

held at Modderfontein Reserve.

## **TIME** 01:33:41

PACE 07:12/km **OVERALL** 83 of 111

**GENDER** 31 of 48 **OPEN** 19 of 27

JoutLime

28 April 2019, Sun

Date